

Active Listening Assessment Checklist for Teachers

Scoring:

- 5 Points for each checked item indicating strong evidence of active listening.
- 4 Points for each checked item indicating good evidence of active listening.
- 3 Points for each checked item indicating moderate evidence of active listening.
- 2 Points for each checked item indicating some evidence of active listening.
- 1 Point for each checked item indicating minimal or no evidence of active listening.

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•	13	Maintains eye contact with the speaker						
•		Nods head to acknowledge understanding						
•		Avoids interrupting the speaker						
•	123	Shows open body language (e.g., uncrossed arms)						
•		Provides verbal affirmations (e.g., "I see", "Go on")						
Unders	tand	ing						
•		Asks clarifying questions when necessary						
•	121	Summarizes or paraphrases the speaker's message						
•		Avoids making assumptions or jumping to conclusions						
•		Demonstrates empathy and understanding of the speaker's feelings						
•		Demonstrates understanding of the speaker's perspective						
Responsiveness								
•		Provides relevant and constructive feedback						
•		Responds to the speaker's questions or concerns						
•		Shows signs of active engagement (e.g., leaning forward, taking notes)						

•	123	Adjusts their response based on the speaker's non-verbal cues
•		Acknowledges the speaker's emotions and feelings

Empathy

- Shows empathy through facial expressions and body language
- Uses supportive and encouraging language
- Validates the speaker's feelings and experiences
- Demonstrates patience and understanding
- Shows a genuine interest in the speaker's well-being

